## BRIDGE TO THE PIG 11

Hand Cycling & Amputee Running Clinic

Scan for more info and to register



Individuals with amputation or limb difference and individuals with difficulty walking, running, or riding a bike are invited to an introductory hand cycling and amputee running clinic!

**February 4th** 

Running Clinic: 12:00 - 1:30pm Hand Cycling Clinic: 2:00 - 3:30pm

Following the event, join us on Tuesdays & Thursdays for a hand cycling group to train for the Flying Pig 10K, starting February 9th!

## **Location:**

**LeBlond Recreation Center** 2335 Riverside Dr, Cincinnati, OH 4520











If you have questions, email info@thebridgeadaptive.org